

Spokane Chapter • Chartered April 1979

April 2010 | Vol. 2, No. 4

April 20, 2010

Chapter Anniversary & Executive Appreciation



Barrister Winery

1213 West Railroad Avenue

(see map on page 10)

Speaker: **Jeff Phillips, CEO of Rosauers**

“A Culture of Giving”

Networking: 5:30p.m.— Dinner: 6:00p.m.

Update Reservation Information: **EWI INFO LINE 1-866-305-5569**

jessica_johnson@absricoh.com

Be Courteous—Be Timely

Please be on time for the monthly meeting. If you are late to a meeting, please notify the **Sergeant-at-Arms** to ensure the attendance is updated.

Each representative has a standing reservation for every monthly meeting. You will be billed for the dinner if you do not call in by **noon, April 14, 2010**.

Sustaining Members / Guests

If you are a sustaining member or are bringing a guest(s), please notify the **Sergeant-at-Arms** by **noon April 14, 2010**, to allow time for menu and nametag preparation. Your consideration is appreciated.

Dietary Restrictions / Vegetarian Meals

Please call the **EWI INFO LINE** at **1-866-305-5569** by **noon April 14, 2010**, if you need a substitute meal.

SPOKANE BOARD

Polly Phelan, President

Spokane Regional CVB 742-9378

Amy Higgins Vice Pres/President Elect

Mary Kay Cosmetics 220-9783

Lori Jo Knoles, Secretary

State Bank Northwest 789-4337

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KXLY Broadcast Group 329-5042

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Letter from the President



As we prepare to celebrate our 31st anniversary, recognize our member firms and thank our executives for their support, I can't help but reflect on what has made our Chapter one of the most successful Chapters in the country.

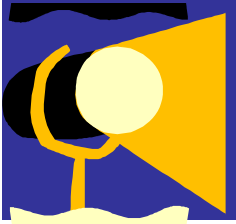
Outstanding Leadership: Last April, nearly 20 past presidents came together as we honored them for the contribution they made to EWI. It is these individuals who early on looked for ways to engage our membership, selecting a number of different projects and programs which elicited the participation of our membership. This is the thing that has kept our Chapter vibrant and active. As I listened to their stories last April, I was struck by their passion, commitment and love for EWI. Several of them told of the positive impact EWI had on their careers and of the numerous gifts they received from their involvement. Some of those past presidents are still in our midst, continuing to serve as mentors for our Chapter. I truly believe there is a direct correlation between the number of past presidents engaged in our Chapter and the success we've enjoyed. I hope that each and every member will look within themselves and ask, "Am I contributing my unique talents and expertise for EWI?" If the answer is no, what are you waiting for?

I look forward to seeing you and meeting your executive on April 20th at our Executive Appreciation and Anniversary Meeting.

Thought to ponder..."Relationships are all there is. Everything in the universe only exists because it is in relationship to everything else. Nothing exists in isolation. We have to stop pretending we are individuals that can go it alone." –Margaret Wheatley

Polly Phelan

Polly Phelan
2009-2010 Chapter President



Member Spotlight!

Isagenix

Member Since 2007

Firm Representative: Doris Guelich

Major Classification: Healthcare

Minor Classification: Weight Reduction



I joined under the Firm, Isagenix (Health & Wellness Nutritional Cleansing Company) in May of 2007 mainly for social networking and the opportunity to meet and learn from other professional women. And, to also have the opportunity to share the wonderful world of optimum health you receive with Isagenix.

Since joining EWI, I have served on the Scholarship and Publications Committee's and have enjoyed each!

I am a Crystal Executive with Isagenix International and have been with them for 4 1/2 years. Isagenix is a Health & Wellness Nutritional Cleansing Company

I represent Isagenix because the world we live in today is much different than it was many years ago. We ingest toxins every day – through our skin – by eating and drinking – and of course by breathing. Thankfully, our bodies have cleansing system – the liver, kidneys, lymph system, colon and skin continually filter out and dispose of cellular waste, toxins and impurities. Why would you want to cleanse if our bodies can do all this naturally? Reason why is this...

Our Toxic Environment: Over 77,000 different chemicals are produced in North America today. They are in the air we breath, the food we eat and the water we drink. According to the Center for Disease Control, our average "body burden", the poisonous chemical cocktail that we all now carry inside our bodies includes over 100 environmental toxins.

Among them are: Pesticides, such as DDT..linked to brain, liver, lung endocrine and immune system damage. PCB's – known carcinogens and extremely toxic at even low levels and Dioxins.

Our bodies STORE these poisons / toxins/ impurities in FAT CELLS ...Toxic Fat Wrapped Around our Vital organs and waistlines....Our internal filters were not designed to deal with this constant toxic attack. Overwhelmed, our systems are in desperate need of cleansing and nutritional support ~ everyday ~ to keep working smoothly as nature intended.

We also have DEPLETED SOILS...AND OVER PROCESSED FOODS....AND LAST BUT NOT LEAST, LIFESTYLES-T-R-E-S-S !!!...Stress causes the body to produce Cortisol ~ the "fight or flight" hormone. Under constant stress, ~ toxic levels of cortisol can build up in our bodies. This can lower our immune system and our ability to fight disease and clear toxins ~ making nutritional cleansing every day even more vital.

Last but certainly not least, I strongly encourage you to take a serious look at Isagenix as it is very different and unique to other cleanses out there and will bring your body, mind and soul to true optimum health. There are many programs currently out there that do not work and sometimes Isagenix can be lumped into the typical Celebrity Hollywood Cleanse which only do flush out fluids and create temporary results...THIS IS NOT THE CASE WITH ISAGENIX !

I have lived in Spokane since the Fall of 1982...I was born and raised and grew up in Omak, Washington.

I am single and have one little sweetheart of a dog, Ms. IzzyMae and enjoy health and wellness and spending time with family and friends. I spend a lot of time social networking for my business, working out at the gym, running, walking, hiking and spending much time with my nieces and nephews.

March Ways & Means Raffle Results

**A BIG 'Thank You' to Deb Murphy
with Sunrise Mattress,
for sponsoring the
"Heads & Tails" game in March -
It raised \$209.00!**



CONNECTIONS | CAREERS | COMMUNITY

MARK YOUR CALENDAR!

May 18

**Scholarship Banquet, Double Tree Hotel
Guest Speaker: Gonzaga President,
Dr. Thayne M. McCulloh**

2010 EWI Upcoming Meetings

June 15: Firm Night, Itron, Inc.

June 24: Lunch Connect, Location TBD, 11:30-1

July 20: Firm Night, Associated Business Systems

August 17: Business Meeting

September 21: Firm Recognition Night/Trade Show

September 30: Cocktail Connect, Location TBD, 5pm

April Birthdays!

Annette Long

Avista Corp. – April 9th

Rick Richard

John L. Scott, Citywide – April 14th

Lori Jo Knoles

State Bank Northwest – April 30th

April Anniversaries!

Alice Sanders - April 1979

Hollister-Stier Laboratories
(CHARTER MEMBER, 31 years!)

Sue Fleming

Avista Corp. – April 2000 (Sue
is a 10 year rep., and Avista is a
Charter Member!)

Jessica Johnson

Associated Business Systems –
April 2008

Posting for Membership: In an ongoing effort to recruit quality firms to join the Spokane Chapter, the following firm(s) are being posted for new or updated membership, or representative change:

Firm: Inland Northwest Blood Center	Firm: Red Lion Hotels
Rep/Exec.: Teri Barrows	Rep: Sonja M. Hutnik; Exec.: TBD
Major: Healthcare	Major: Hotels & Resorts
Minor: Support Services	Minor: Corporate
Firm: R&R Heating & Cooling	Firm: Rosauers
Rep: Cheryl Hastings; Exec.: Randy Hastings	Rep/Exec.: Jeff Phillips
Major: Construction Special Trade	Major: Grocery
Minor: HVAC	Minor: Groceries Retail
Firm: Reclaimed Spaces	Firm: Sunshine Disposal
Rep/Exec.: Cindy Vanhoff	Rep/Exec.: Marc Torre
Major: Home Improvement	Major: Recycling
Minor: Home Cleaning Prod. & Srvc.	Minor: Recycling Plant

Current member firms may object to a firm that has been posted that would be considered a competitor of their firm. EWI Corporate defines a competitor as a firm with the same major/minor. Objections are required in writing by the Executive of the objecting member firm postmarked within 10 days of the distribution date of this newsletter. Objections to a specific business conflict must be defined and any other concerns regarding personal character, integrity or conduct must be detailed with evidence or testimony as appropriate. Any objections received will be discussed at the following scheduled Board of Directors meeting; a decision will be made at that time as to whether or not to pursue extending an offer of membership to the posted potential firm. Decisions on whether or not to accept a member firm's objection to the addition of a posted potential new member firm are based on many factors, the most important of which involves the level of participation by the current member firm's representative within the Chapter. *Mail objection letters to: EWI Spokane Chapter Board of Directors, PO Box 1272, Spokane, WA 99210 and a copy to Polly Phelan, EWI Spokane Chapter President, Spokane Regional CVB, 801 W Riverside, Suite 301, Spokane, WA 99201.*

Sgt-at-Arms Report - March Meeting

Member Firms	66
First reps	66
Open positions/first reps	(0)
Second reps	7
Open positions/2 nd reps	(0)
Third reps	2
Open positions/3 rd reps	(0)
Total reps in good standing:	75
Sustaining	4
Lifetime	1
Transitional	1
Total members	81
February Meeting Attendance:	
Excused members	6
Unexcused & late excused	11
Representatives	57
Guests	5
Sustaining members	0
Total Attendance:	59
Attendance Percentage:	76%

Connect With Your Committee!

Past Presidents:	June 3, 5:30 at the home of Georgette Grainger
Membership:	April 30, 11:30, Europa- Last Tuesday of the Month
Scholarship:	May 6, 12:00 p.m. Devries- First Thursday of the Month
Philanthropy:	April 20, 4:30pm at Barrister Winery
Program:	May 4, 12:00 p.m., Journal of Business. First Tuesday of the Month
Ways & Means:	May 4, 4:30pm, Post St. Ale House. First Tuesday of the Month

Calling all EWI members! We are asking for your help procuring items for our annual fundraiser!

All procurement items are due by Wednesday, April 21st so PLEASE bring all of your items to the April 20th Meeting so we may put packages and our program together.

Or you may deliver your items to Lori Jo Knoles at State Bank Northwest; 12902 E. Sprague Avenue.

And, we have a LIMITED time to still sell tickets! Bring money from your sold tickets and your unsold tickets to the April 20th Meeting as well.

Our "**Mardi Gras in May**" will be held on Friday, May 7, 2010 at the Northern Quest Resort & Casino in the Pavillion Room. Tickets are \$45 per person. The event starts at 6:00 p.m. For tickets, please contact Melanie Potter at 789-4341.

Look through the attached list of packages and the various items and pick and chose how you can help us put these packages together!

- 1 Sports Package – Game tickets, autographed memorabilia, clothing, etc.
2. Pamper Yourself Day –Spa/Mall/Restaurant Gift Certificates, Teeth Whitening, salon services, etc.
3. Backyard Party – BBQ, drinks, food, etc.
4. Wine Tour – Limo rental, Hotel rooms, Dinner Gift Certificates, Wine, etc.
5. Gardener's Package – Nursery Gift Certificate, lawn mower, plants, gardening tools
6. Night on the Town Event – tickets, limo service, hotel stays, dinner certificates
7. Reader's Delight – Book certificates, quilt (or snuggie), snacks, tea, etc.
8. Playing with Family – Silverwood Tickets, beach towels, toys, Triple Play Raptor Reef
9. Golfer's Dream –golf course gift certificates, golf accessories
10. ½ wine barrel filled with assorted wine AND/OR
11. Wheelbarrow filled with assorted beers



OTHER ITEMS AND CASH ALSO ACCEPTED. We will also have silent auction items in addition to the loud auction, so if you would like to donate an item the does not fall under these categories, we'll take that too. And cash can always be used to fill in the packages as needed.

Another Successful Scholarship Reception!

On Tuesday, March 16th the EWISP Scholarship Reception was held at the Mirabeau Park Hotel. We had 22 students (18 female and 2 male) attend the function. We requested that each student prepare a two minute presentation. They had their choice of two different subjects: Assuming the student has volunteered for a particular organization, their presentation focus could be on, “What endears you to this program or cause?” If the student has not experienced volunteer activities their presentation was focused on, “What the student is passionate about in life.”

Each of the student’s came well prepared and their ideas and thoughts were quite interesting. They reach high in their dreams and accomplishments. The choice will be hard to pick the finalists.

This is a great experience for Juniors in High School. It gives them an early start on preparing scholarship forms and getting letters of recommendations. This will come in handy in the next few months as they start their search for additional scholarship money.

The Spokane Chapter of EWI is delighted to offer a total of \$7,000 in scholarship funds to three (3) outstanding students. In addition, we have commitments from local universities to match funds if the winning students should choose to attend their schools. The 1st place winner is also eligible to compete for the EWI Corporate Scholarship of \$10,000! The student’s will be competing against applications from a maximum of 30 schools located in Spokane and Kootenai county.

(See pictures on next page).



EWI March Photo's The March Scholarship Reception & the March Membership Meeting



The 2010 EWI Scholarship Candidates



EWI Scholarship Banquet: Proud parents, Scholarship Candidates and EWI Members listen to speeches



EWI Spokane Chapter President Polly Phelan presents our March speaker Michelle Hagan, Registered Dietician Providence Healthcare, with a certificate of thanks



Left to right. EWI Members Nancy Harris, Sterling Savings Bank; Sue Fleming, Avista Corp.; and Melanie Potter, State Bank Northwest play 'heads or tails' for the raffle!

EWI Members Give, Give, Give!

Thank you to the following members for donating time, products and services for our Chapter Anniversary & Executive Appreciation Meeting April 20th.

Carolyn Woodmansee, Washington Trust Bank for Printing

Lori Jo Knoles, State Bank Northwest for Postage

Mary Savage, Vanessa Behan Crisis Nursery for Design

EWI Careers, Connection & Community:

Women's Symposium in Richmond, VA

Executive Women International of Richmond will be hosting a Women's Symposium on "Redefining Success in Today's Economy" on June 12, 2010.

We would like to invite you and your Chapter members to join us.

We are proud to announce that Lori Giovannoni will be leading our Symposium and our Luncheon Keynote Speaker will be Maureen McDonnell, the First Lady of Virginia. Our Symposium will be held at the BRAND NEW Hilton Richmond Hotel & Spa and is adjacent to the Short Pump Town Center Mall.

Registration is \$75 and we secured a fabulous EWI hotel rate of \$99.00.

If you have any questions or would like to register please contact:

Christine M. Slate

EWI Richmond, VA Chapter President

Telephone: (804) 419-1100 x 1

EWI would like to extend our condolences to our Charter Member, Alice Sanders of Hollister-Stier Laboratories.

Her father passed away in February.

Our thoughts and prayers are with you and your family.

Your friends at EWI

Driving Directions to Barrister Winery from Downtown:

- Drive **West on 2nd Avenue**
- Turn **Right on Jefferson**
- **Left** onto **Railroad Avenue**

(immediately before going under the railroad viaduct)

- Railroad Ave. is on the **South Side** of the railroad overpass.

- Parking is limited.
- Street parking on Jefferson or Adams is advised.
- Parking meters run until 7pm.
- **Barrister Winery, 509-465-3591**

